



# pat hume

---

## COUNTY SUPERVISOR

*"For the morning sun and all its glory*

*Greets the day with hope and comfort, too"* – Rod Stewart, 1991

I may have shared with some of you the late winter morning when I had a fairly early meeting in the very Southern part of the District. The fog was laying heavy in the fields as I left Elk Grove and - by the time I hit the Delta, the sun was out and dancing off the river; migrating birds filled the fallow, verdant fields and I thought, 'How blessed am I that this is my office right now?'

If I haven't said it before, let me say it now: serving you and learning your neighborhoods and your needs is truly an honor. It will be at the top of my list of things to be thankful for at the Thanksgiving table.

Speaking of Thanksgiving, check out the article in this month's edition on the food banks here in District 5. If you happen to have some free time, or can afford some extra Thanksgiving fixings, any of them would love your help to assure families don't go hungry.

In other news, we have started the next topic of community meetings, so I hope you'll come out and share your thoughts with me. This round is focused on behavioral health, including mental health and treatment for substance abuse issues. It cannot be overstated how critical this is as one of the responsibilities placed on the County. We have hard-working staff in the trenches every day, doing a job many of us might avoid, but they keep at it and still face the day with a smile. If there's a topic you'd like to see us address in future community meetings, please reach out to us with your suggestion.

This past month, I've been fortunate to be able to attend many meetings with community groups, special districts and fellow elected officials throughout the

District. Obviously, I'm still learning the cadence of community gatherings, so if you have something coming up, please, please shoot us a note to put it on our radar. It is impossible to be everywhere, but it is important to me to try and follow the example set by my predecessor. If I have a previous commitment, hopefully I can have District 5 staff attend, or at least I'll know when to expect it next year.

As always, please forward this on to someone you think might enjoy receiving these newsletters. You can also check out my [Facebook page](#).

**PAT**

**Supervisor Pat Hume**  
Sacramento County Supervisor  
District 5

700 H Street, Suite 2450  
Sacramento, CA 95814  
**916-874-5465**  
[PatHume@saccounty.gov](mailto:PatHume@saccounty.gov)

**In the November Issue:**

- **Aging in Place**
- **Food Banks**
- **Property Tax Bill**
- **Out & About in District 5**
- **Upcoming Events**

---

## **Aging in Place**



Did you know people 65 years and older account for 15.4% of the Sacramento County population? With that in mind, I wanted to call attention to some of the resources, programs and senior centers within Sacramento County aimed towards our older community members. Sacramento County partners with the Agency on Aging and multiple community-based organizations to support seniors of all ages.

Here in Sacramento County, there are many resources and centers available to older adults that offer all sorts of recreational programs, learning opportunities, and all while getting a chance to be more social. Seniors are especially vulnerable to social isolation which can lead to a whole slew of additional problems. Staying active and socially engaged is key to maintaining a healthy and independent lifestyle.

**Try a FREE Online Class Today!**

**Learn Anytime, Anywhere**

Agency on Aging Area 4 has partnered with GetSetUp to provide free virtual classes for older adults taught by peers - ask questions, make friends, learn new things, and have fun. Visit [www.getsetup.io/partner/area4-ca](http://www.getsetup.io/partner/area4-ca) for more information.

**Take Classes From the Comfort of Your Home**

Internet Computer iPad/Tablet Smartphone

**Every Class Is Engaging - Choose from 170+ Classes!**

- Basics of Zoom
- COVID-19 Vaccine Information
- Healthy Meals on a Budget
- Get Moving with Qigong

For Help Contact GetSetup: 1-888-559-1814 info@getsetup.io

The Agency on Aging Area 4, through their partnership with GetSetUp, offers free online classes on topics such as cooking, technology, art, fitness and more. Use the coupon code: “area4-ca” to waive any fees associated with the classes. [View available classes](#)

The Access to Technology Program (ATT) at the Agency on Aging is a partnership with Sacramento County and the California Department of Aging. The ATT Program offers free devices, device set up through GetSetUp, and in-person group and one-to-one digital skills training through ACC Senior Services.

The Senior Connection Program is an Agency on Aging partnership with Sacramento County for older adults and

people with disabilities experiencing isolation to build and expand social connections. You can connect with the Agency on Aging to get connected to a variety of services such as Meals on Wheels and caregiver support. Find out more about [available services in Sacramento County](#).



## SENIOR CONNECTION PROGRAM

Project of Sacramento County Department of Child, Family and Adult Services and Agency on Aging | Area 4

In-Person Case Management Program to connect older adults and dependent adults who have been negatively impacted and isolated by the COVID-19 pandemic to services that may enhance their general quality of life including social, recreational and informational activities.

### Eligibility

- Residents of Sacramento County
- Older adults (60 years and older)
- Dependent adults (18-59 years of age) when these adults are unable to meet their own needs, and are victims of abuse, neglect, or exploitation.



Reduce Isolation

Bring Consumers Back Into Community

Provide Case Management

Build Circles of Support

Transportation Assessment

Screen for Technology Access

### CONTACT US

Agency on Aging | Area 4  
1-800-211-4545



## DO YOU NEED HELP GETTING CONNECTED?



The Access to Technology Program offers computer devices and assistance to help you get online

FOR SACRAMENTO COUNTY RESIDENTS AGED 60 OR BETTER AND PEOPLE WITH DISABILITIES 18+

Contact us and a Digital Navigator will respond  
**(916) 352-8857**

Our team of Digital Navigators are here to help you get connected to the Internet and online resources.

Sacramento County is providing older adults and adults with disabilities new digital devices including tablets, laptop computers, and other helpful technology. Increase your digital skills and community engagement by connecting to healthcare services, online programs, education, friends and family, music, games and much more! We'll work with you one-on-one to discuss your needs and find out how we can help.

People with little or no computer experience are encouraged to apply

HELPING OUR COMMUNITIES GET CONNECTED AND STAY CONNECTED

GET HELP FINDING AFFORDABLE INTERNET SERVICE

USER SUPPORT AND ASSISTANCE AVAILABLE

LET A DIGITAL NAVIGATOR BE YOUR GUIDE!

THIS PROJECT IS FUNDED BY THE CALIFORNIA DEPARTMENT OF AGING AND SUPPORTED BY SACRAMENTO DEPARTMENT OF CHILD, FAMILY AND ADULT SERVICES

AGENCY ON AGING AREA 4

"Aging is all about living!"



The Senior Center in Elk Grove is a great place to meet other older adults with a variety of programs, games and seminars to choose from. And good to note, you don't have to live in Elk Grove to participate. The Center welcomes members from all over Sacramento County and beyond. The Senior Center can also serve as a resource for any needed information including the topics of taxes and low-income services. [Visit their website](#) to learn more.

The Cordova Recreation and Park District also has classes and activities for Seniors through their Active Senior program at the Neil Orchard Senior Activities Center. Not only do they offer daily classes and workshops, but they also host special events and day trips throughout the year. [Visit Active Senior Program](#)

Sacramento County also offers resources to vulnerable seniors through programs such as Nottoli Place and In-Home Supportive Services (IHSS).

Back in the March newsletter, I discussed the grand opening of Nottoli Place and am happy to report its success in already servicing 43 clients. Nottoli Place is a safe and supportive facility for older adults at risk of abuse and/or neglect and in need of temporary housing. The facility has 15 private guest rooms and serves as an aid for seniors facing difficult challenges, working to prevent homelessness and provide essential services.

Nottoli Place encourages the independence of its residents and offers classes on topics such as renting, job applications, credit scores and more. Referrals for Nottoli Place must go through Adult Protective Services (APS). The APS Hotline can be reached at (916) 874-9377. For more information on APS services visit the [APS website](#).



The In-Home Supportive Services (IHSS) program provides in-home personal care and household assistance for eligible individuals who are aged (over the age of 65), blind and/or living with a disability. IHSS is an alternative to out-of-home care and enables individuals receiving care to remain safely in their own home. IHSS is a Medi-Cal program and is funded by Federal, State and County dollars. Individuals receiving Supplemental Security Income (SSI) or that meet all Medi-Cal income eligibility requirements, may be eligible to receive IHSS services. IHSS social workers conduct in-home assessments to determine the need and eligibility for authorized IHSS services. IHSS recipients locate and hire an IHSS care provider and the State issues payments for individual care providers twice a month. The IHSS Public Authority assists with the IHSS care provider enrollment process and manages a registry of active care providers who provide the in-home care to IHSS recipients. [Find out how to apply for IHSS](#). You can also learn how to [enroll as an IHSS care provider](#).

For a thorough list of resources on a multitude of age-friendly community topics, visit the [Sacramento County Aging Resources Directory](#) or the [2023-24 Senior Resource Guide](#).

## Food Banks

With Halloween behind us, many people's thoughts are turning to plans for the upcoming holiday season. For many of us that includes family dinners with traditional foods and recipes. During this season of plenty, for some, this can also be a time of hunger, loneliness and stress.



In this great State of California and the County of Sacramento, we are privileged to have such great abundance at our doorstep. Over a third of the country's vegetables and two-thirds of the country's fruits and nuts are grown right here in California. We're also home to a lot of cows and produce 21% of all the dairy used in the United States. All of this is available fresh to us year-

round, but many cannot afford to purchase these healthy foods and some can barely afford to purchase food at all. Even with this wealth of nutrition so close by, there are many who will be malnourished or go hungry.

Because of this great need, a whole host of volunteers, sponsors, donors and community members have made it their mission to help those in need during the holidays and year-round. They operate and staff food banks, distribution centers and food pantries in District 5 and other locations throughout Sacramento County. Most, if not all, of the people working at these pantries and centers are volunteers who live and work in the



local communities they serve. The need has increased across our food banks as the cost of food and gas has risen significantly. Many of these programs partner with some of the larger food banks to receive their excess products and overstocked items, but much is donated by local businesses, community programs and local residents.



Items available at the food banks this season include canned goods and dry goods such as rice, beans, and pasta; fresh fruits and vegetables; breads; fresh meats including turkeys and hams; and some dairy products. In addition, local food pantries offer not only food items, but other essential items such as diapers, baby food and formula; clothing, shoes and warm coats for the winter; sanitary items such as soap, shampoo, toothpaste and deodorant; school supplies and other items for school-aged children.

The resources available at these pantries and centers go way beyond just food distribution. The diversity of our communities also make our food pantries great places to access other needed services or cultural resources. Many offer or are a connection to services such as job placement, childcare, education, nutrition classes, legal advice, citizenship information and connecting their patrons to local law enforcement or other social services.

These valuable organizations need your support. If you can, I urge you to contact one of your local food banks or food distribution centers to volunteer your time or skills, or donate items in high demand.



The need is great, but together we can all strive to make a difference for those who truly need a helping hand this season.



## What to Donate:

- Canned Fruits and Vegetables
- Canned Meats (like tuna)
- Meals in a Can (like soup or ravioli)
- Cereal
- Dry Pasta and Pasta Sauce
- Peanut Butter
- Granola or Protein Bars
- Hygiene Items (toothbrushes, toothpaste, shampoo)

Left image courtesy of River City Food Bank. On the right, food banks throughout Sacramento share the need for these most requested items.

**Sacramento Food Bank & Family Services:** 1951 Bell Ave, Sacramento; 916-456-1980. Multiple distribution centers listed in the linked website.

**Atonement Lutheran Church:** 9242 Kiefer Blvd, Sacramento; 916-363-8642. Food distribution every third Tuesday 10:00 a.m.

**River City Food Bank:** 1800 28<sup>th</sup> St, Sacramento; 916-446-2627. Food distribution Tuesday-Saturday at several locations.

**Sacramento Interfaith Partnership Food Closet:** 5625 24th St, Sacramento; 916-428-5290. Food distribution Monday-Friday 9:00 a.m.-11:30 a.m.

**Elk Grove Food Bank:** 9888 Kent St, Elk Grove; 916-685-8453. Food distribution Monday-Friday 10:00 a.m.-3:00 p.m. Saturday 9:00 a.m.-12:00 p.m.

**Cordova Community Food Locker:** 10497 Coloma Rd, Rancho Cordova; 916-837-5431. Food distribution Monday, Wednesday & Friday 9:30 a.m.-11:30 a.m.

**Sunshine Food Pantry/Galt United Methodist Church:** 571 C St, Galt; 209-745-4133. Food distribution 2nd & 4th Thursdays 8:00 a.m-10:00 a.m.

**Al-Misbaah:** 6990 65th St, Sacramento; 916-501-4828. Food distribution 2nd & 4th Saturdays 10:00 a.m-12:00 p.m.

# Property Tax Bill



The deadline for paying the first installment of your 2023-2024 Sacramento County property taxes is coming up very soon. Payments are due on November 1, 2023, and accepted without penalty until December 11, 2023. To avoid confusion and penalties, we've included in this month's newsletter important deadlines, phone contacts and options for making your payments on time. Late payments will incur a delinquency penalty of 10% and collection costs.

Tax bill amounts, due dates, direct levy information, delinquent prior year tax information and printable payment stubs are available at [e-Prop-Tax](#) using your 14-digit parcel number or street address. A property owner may also request a copy of the current year secured property tax bill by calling the Tax Collector's Office at 916-874-6622 between 9 a.m. and 4 p.m. Monday through Friday, excluding holidays. Unsecured property tax bills may be obtained by calling 916-874-7833. Assistance is also available for either type of tax bill in person at the public counter at 700 H Street, Room 1710, Sacramento.

- The first installment payment is due on November 1, 2023. Payments will be accepted without penalty until 5 p.m. on December 11, 2023.
- The second installment payment is due on February 1, 2024. Payments will be accepted without penalty until 5 p.m. on April 10, 2024.
- Both installments may be paid when the first installment is due. A reminder notice **will not** be mailed for the second installment.

To make sure you receive proper credit for the payment, the Tax Collector also wants to remind property owners to include the appropriate installment payment

stub from the tax bill, or from the [e-Prop tax website](#), or write the parcel number of the property on your check payment.

Payment may be mailed to P.O. Box 508, Sacramento, CA 95812-0508. Be sure to mail your payment early enough to ensure a timely postmark and avoid penalties. **There is no fee to make a payment online via e-check.** Payments may also be made over the telephone at 1-844-430-2823, using the 14-digit parcel number. A credit card may be used to pay the annual property tax bill for a 2.29% convenience fee.

However you choose to pay, please ensure your payment is received by 5 p.m. on December 11, 2023 in the Tax Collector's Office, through [their website](#), or be postmarked with a legal postmark by December 11, 2023 to avoid penalties.

---

## Out & About in District 5



Had a lot of fun at Rosemont's Annual Community Celebration on Sept 30th. Pictured with me going clockwise: Luz Maria Robles and David Smith from Sacramento-Yolo Mosquito and Vector Control; Ben Huynh with the Bradshaw Animal Shelter and Boone, one of their many adoptable pups; County Code Enforcement staff Elizabeth Robbins, Carlos Alfaro and Kevin Aleman; Sac Metro Fire District Station 62.



*Celebrated local businesses and non-profits at the Rancho Cordova Area Chamber of Commerce 60th Anniversary Gala on Oct 19th. Pictured clockwise: State Assemblymember Josh Hoover, myself and Rancho Cordova Mayor Linda Budge with Harry Elliot III; Assm. Hoover, Sacramento County District Attorney Thien Ho, BJ Yu and me; Awarding Non-Profit of the Year to California Capital Airshow; My wife Lisa and me with Darcy Brewer and Rachel Zillner.*



*Touring the Al-Misbaah Food Bank Warehouse. Special thanks to Imam Yasir and Sister Helena Silmi for showing me around!*



*Spent some time at Soil Born Farm in Rancho Cordova, a great place to learn about the local food system and sustainability. Make sure to check out their Saturday at the Farm program for activities and learning opportunities for all ages. Thank you to Shawn Harrison for the tour!*



*On a boat with the District Attorney's office and the Sheriff's Marine Patrol to view and discuss problem issues on the Delta, followed by a trip to Webb Tract for a multi-agency meeting on efforts to improve the health of the Delta through conversion land projects.*

## Upcoming Events

Please join

# Supervisor Pat Hume

and guest speakers:

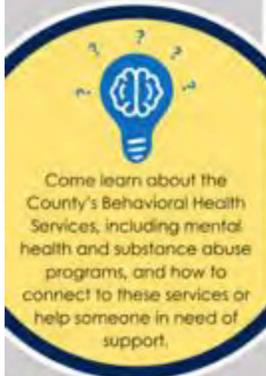
**Tim Lutz, Director of Health Services with  
Dr. Ryan Quist, Behavioral Health Services**

## Community Meetings

**Monday, November 6**  
Elk Grove City Hall  
6 - 7pm

**Wednesday, November 29\***  
Rancho Cordova City Hall  
6 - 7pm

\*Joint meeting with Supervisors  
Hume and Desmond



Come learn about the County's Behavioral Health Services, including mental health and substance abuse programs, and how to connect to these services or help someone in need of support.

Contact District 5:  
p.hume@sacounty.gov  
(916) 874-5465

SACRAMENTO  
COUNTY

**End of Series SPECTACULAR**

SATURDAY NOVEMBER 4 | 9AM - 2PM  
4TH STREET PROMENADE

**FUN FOR THE ENTIRE FAMILY!**  
Artisan vendors, rides, cornhole tournament, food trucks, music and more!

447 700-4477 | 447 700-4477 | 447 700-4477 | 447 700-4477

**ELK GROVE VETERANS DAY PARADE & BBQ**

BY THE DEPT. OF THE PARADE, THE ELK GROVE COMMUNITY WILL BRING YOU THE BEST OF BOTH WORLDS. WE'LL GIVE YOU AND YOURS, ORIGINAL CUSTOMER TALKS TO MAKE YOU SMILE AT THE COMMUNITY. "WE'VE BEEN AND PLEASED IT TO WHEN GOD'S PEOPLE LIVE TOGETHER IN BRITAIN" - PUBLIC 1234

**THANK YOU, VETERANS  
FOR BEING OUR HEROES**

**YOUR BRAVERY WILL NEVER  
BE FORGOTTEN**

**11 NOVEMBER 2023**

**THE 3<sup>RD</sup> ANNUAL ROY C. MARCUM  
ANIMAL CARE FAIRE**

SATURDAY, NOV 4<sup>TH</sup> 11 AM - 3 PM

FOOD TRUCKS • LOCAL VENDORS • REPAIRS  
LOCAL SHELTERS & RESCUES • EDUCATIONAL BOOTHS  
ADOPTABLE PETS • WAIVED ADOPTION FEES  
FREE ADMISSION

BRADSHAW ANIMAL SHELTER  
3839 BRADSHAW RD  
SACRAMENTO

Rancho Cordova

**VETERANS DAY**

LF Oral History Project  
& LockePRDA  
present

**Voices: Chinese Women  
of the Delta**

**OBSERVANCE**  
  
 November 11, 2023

**FLAGS ON FOLSOM BOULEVARD**  
 Salute to our Armed Forces

Pay tribute to the sacrifices made by American Armed Forces Veterans by making one of your own:

**VETERANS DAY BLOOD DRIVE**  
**RANCHO CORDOVA CITY HALL**  
 By appointment only 11 a.m. - 4 p.m.  
 Schedule at [donors.vitalant.org](http://donors.vitalant.org)  
 Use CODE: 5M7T154

For more information:  
 916-273-5715 • [jr@cordovacouncil.org](mailto:jr@cordovacouncil.org)



**Fundraiser Luncheon**

Proceeds to Support a New Documentary Film  
**Sunday, November 5, 2023**  
 12:30 - 4:00 PM

**Lucky Jade Restaurant**  
 7007 South Land Park Dr. Sacramento, CA  
 Table \$650 / Individual Ticket \$70

**For Information & Tickets**  
 \*Locke Foundation - Oral History Project  
 Honey Lum 916-261-2118  
[hohplum@gmail.com](mailto:hohplum@gmail.com)

\*Locke Prior Residents, Descendants & Ascendants [ LockePRDA ]  
 Carol Lee 916-716-4012  
[chinasilk88@gmail.com](mailto:chinasilk88@gmail.com)  
[LockePRDA@gmail.com](mailto:LockePRDA@gmail.com)




**Elk Grove Food Bank Services**  
**2023 Turkey Drive**  
 Sponsored by Elk Grove Councilmember Kevin Speare

**Help us**  
**Fill the Need - Feed the Homeless**

Elk Grove Food Bank Services (EGFBS) will begin collecting turkeys and holiday trimming on October 15 and will continue through November 11. You can drop off your donations from 9 am to 3 pm, Mondays through Fridays, at 9888 Kent Street, Elk Grove.

OR

Join us on Saturday, November 4, from 9 am to 12 noon for **TURKEY DROP OFF DAY!** We'll have volunteers ready to accept your donations without you needing to leave your vehicle. Just pop your trunk and we'll do all the heavy lifting!

Can you help us reach our goal of 1,000 turkeys for this year? Distribution will take place on Saturday, Nov. 18, from 9 am to 12 pm. For more information, call EGFBS at 916.685.8453. On behalf of the more than 1,000 families that will receive a traditional Thanksgiving meal, **THANK YOU!** We are so grateful for your help!

**ITEMS REQUESTED**

Turkey (frozen)	Canned vegetables
Canned gravy / gravy packets	Stuffing / dressing
Canned cranberry sauce	Canned fruit
Baked / instant mashed potatoes	5-lb bag of potatoes
Chicken broth	Macaroni & cheese
Muffin and cornbread mixes	Packages of pasta

*diwali*  
 greetings



**diwali celebrations**  
 Diwali & Annavkut Celebration  
 Sat, Nov 4, 7:00 pm

www.BAPS.org/thancipments

BAPS Sri Suddhanarayana Mission, Sacramento, CA cordially invites you, your family and friends to join us for

BAPS KDAE Annavkut Arya Matha, CA 95855, T 916.683.4790  
[www.BAPS.org/thancipments](http://www.BAPS.org/thancipments)

*Elk Grove*  
 GOBBLE WOBBLE FAMILY 28



**2023 Elk Grove Gobble Wobble**  
*Helping Families Cross the Finish Line*

**Thanksgiving Day, 11/23/23**  
 8280 Longleaf Drive

*Start your day with a fun-filled morning!*

**Come to Celebrate Elk Grove City's Cultural Diversity**

Free Entry, Free Parking & Free Food

Janta Sewa Group  
 (In Support from City of Elk Grove)  
 invites you to celebrate

• • Diwali • •

Festival of lights  
 Victory of the triumph of light over darkness, knowledge over ignorance and good over evil

6:00-8:30 pm Tuesday November 7, 2023  
 The Center at District 56, 8230 Civic Center Dr, Elk Grove  
 Music, Cultural Dances, Fashion Show, Photo Booth, Children Art Competition, Henna & Food

Contact: Monica - [mpatel0830@gmail.com](mailto:mpatel0830@gmail.com) or Sushma - [sushmadaga@yahoo.com](mailto:sushmadaga@yahoo.com)



Old Town Elk Grove  
**DICKENS STREET FAIRE**

"LIVE IN THE PAST, THE PRESENT AND THE FUTURE"

SATURDAY, NOVEMBER 25 2023  
OLD TOWN ELK GROVE

PRESENTED BY OLD TOWN ELK GROVE FOUNDATION  
OLDTOWNELK.GROVE.COM

24<sup>th</sup> Annual  
**CORDOVA COMMUNITY**  
*Christmas Tree*  
LIGHTING

4-7:30 pm  
Sunday, November 26  
**Tree Lighting & Fireworks at 7 pm**  
Village Green Park  
3141 Bridgeway Drive

**FREE ADMISSION**  
• Hay Rides • Live Nativity  
• Food Trucks • Santa Claus  
• Train Rides • SNOW!

**HELP STUFF THE SQUAD CAR**  
Brighten the holidays for needy kids in our community by bringing a new, unwrapped gift.

Presented by  
CORDOVA COMMUNITY CHURCH  
[www.cordovacouncil.org](http://www.cordovacouncil.org)

**WILTON WINTER FESTIVAL**  
RAIN OR SHINE EVENT

SATURDAY DECEMBER 2  
AT WILTON COMMUNITY CENTER  
9AM-10:30AM BREAKFAST WITH SANTA!  
BY GIRL SCOUT TROOP 2080

**Craft Vendors & Holiday Goods**

**12pm Parade ~ Roads Close at 11:30am**

**11 am-2 pm Lunch**  
By P.A.C.E of Dillard School

**Santa arrives at Community Center from Parade!**

This is not an Elk Grove Unified School District program and it accepts no responsibility or liability for this activity or group.

Sponsored by  
Sacramento County  
Parks & Rec Council  
Area 46

**LIGHTING OF THE NIGHT**

**PARADE**

Saturday, December 2 4pm - 8pm  
Tree Lighting at 6:15pm and Parade at 6:30pm  
400 Civic Drive in Galt

Kids Performances • Food Vendors • Pictures with Santa  
Holiday Decorations • Tree Lighting Ceremony • Parade  
• Holiday Market • And so much more!!

For more information contact (209)366-7115

**Say BYE BYE to your old mattress!**

**¡3 MANERAS para desechar tu colchón viejo!**

**-1- Retailers Take It**    **-2- Drop It Off**    **-3- County Pick Up**    **-1- Los Minoristas Se Lo Llevan**    **-2- Lo Dejas En Un Lugar Participante**    **-3- Tu Condado Lo Recoge**

[byebymattress.com](http://byebymattress.com)    [byebymattress.com](http://byebymattress.com)

**SACRAMENTO COUNTY BEHAVIORAL HEALTH SERVICES**  
**Latino/Latinx/Hispanic BHREC**  
 UPDATES- UPCOMING COMMUNITY FORUMS

**Tarde Social with BHS**  
 Behavioral Health Services (BHS) has partnered with Latino/Latinx/Hispanic (L/LX/H) Behavioral Health Equity Collaborative (BHREC) with the California Institute for Behavioral Health Solutions (CIHS). The L/LX/H BHREC are hosting two community forums called Tarde Socials (flyers attached) on November 3, 2023, and November 4, 2023. There will be children's activities, food, and resource tables, with the goal of bringing community members together to gain their insight to help inform themes, strategic directions, and recommended goals for the L/LX/H BHREC. **See the flyers attached and the information below for details.** For questions, please email bhs-bhrec@SacCounty.gov. This forum will be in both English and Spanish.

**Friday, November 3, 2023 from 5:00 - 7:00 p.m.**  
 Location: Robertson Community Center  
 Partner: Operated by the Mutual Assistance Network (MAN)  
 Address: 3825 Norwood Ave, Sacramento, CA 95838

R.S.V.P

**Saturday, November 4, 2023 from 4:00 - 8:00 p.m.**  
 Location: Chabota Community Center  
 Partner: Golf Parks and Recreation  
 Address: 810 Chabota Ave, Oak, CA 95622

R.S.V.P

**WHAT IS L/LX/H BHREC?**  
**Focus**  
 The focus on the Latino/Latinx/Hispanic community is based on the low utilization of specialty mental health or substance use prevention and treatment services in spite of the percentage (24% US Census 2021 ACS 5-Year Tabular Data) of Hispanic or Latinx residing in Sacramento County and need to integrate and provide and shift to serve this community as well as the need to tailor engagement strategies and services to a community that is linguistically ethnically and demographically diverse.

**Intended Outcomes**

- BHS is striving to advance behavioral health equity. As previously done with the implementation of the BHREC focused on the AA/AD communities, BHS is continuing working with CIHS and the community to:
- Improve trust and outreach partnership between BHS and the L/LX/H community.
- Define shared goals that will shape the L/LX/H BHREC through feedback obtained from focus groups and key informant interviews with the L/LX/H community, behavioral health providers, community partners, and BHS.
- Support of BHREC participants including the county, provider organizations, and community partners to reduce and ultimately eliminate L/LX/H behavioral health inequities.

**Questions?**    EMAIL: [BHS-BHREC@SACCOUNTY.GOV](mailto:BHS-BHREC@SACCOUNTY.GOV)  
 THIS PROGRAM IS FUNDED BY THE DIVISION OF BEHAVIORAL HEALTH SERVICES THROUGH THE VOTER APPROVED PROPOSITION 63, MENTAL HEALTH SERVICES ACT (MHSA).

**CHRISTMAS IN CORDOVA OPEN ENROLLMENT**  
**WANT TO WIN?**

Rancho Cordova's 12<sup>th</sup> Annual Christmas in Cordova event is a family event designed with the simple promise that "every child deserves a present to open at Christmas." The event features a drive through pick up of new toys hand-selected by Dealers along with gift wrap for parents for their children. This event is sponsored by the Rancho Cordova Police Activities League (PAL). For more information call (916) 875-9627.

**Eligibility:**

- Families with Children living in the home under the age of 17
- Applicants must be enrolled in a school located inside the city limits of Rancho Cordova AND
- Applicants must live within Rancho Cordova or the immediate surrounding area.
- Applicants must provide proof of income and fall within the below income requirement.

Members per household	Monthly income	Annual Income
1-3 family members	\$1,500	\$21,000
4-7 members	\$3,493	\$41,900
8 or more members	\$3,886	\$46,632

(Calculations are per the 2022 CalFresh Income Eligibility Standards)

**Where to apply:**  
 Applications will be accepted on a first come first served basis.  
 Friday November 3<sup>rd</sup> 2pm-7pm @ Rancho Cordova Police Station (2087 Kilgore rd)  
 Saturday November 4<sup>th</sup> 12pm-5pm @ Rancho Cordova Police Station (2087 Kilgore rd)  
 Friday November 12<sup>th</sup> 2pm-7pm @ Rancho Cordova Police Station (2087 Kilgore rd)  
 Saturday November 13<sup>th</sup> 11am-4pm @ Rancho Cordova City Hall (2729 Prospect park dr)

**What is being:**  
 The following documents are [www.sac.gov](https://www.sac.gov) to complete the application <https://www.sac.gov> to attach to your application. Do not submit original copies.

- Proof of enrollment in a qualified school located inside the city of Rancho Cordova (a power school print out, or student ID)
- Proof of identification (drivers license, passport, picture I.D, etc)
- Proof of address (rental agreement or current utility bill. Phone bills are NOT accepted)
- Proof of income (current pay stub, SSI verification, cal works summary, student aid verification)

**After you apply:**  
 Families will be contacted by text message and email with the date and time of their toy pick up.

**Questions and Learn More: 916.875.9627 or [RanchoCordovaPD.com/ChristmasinCordova](https://www.RanchoCordovaPD.com/ChristmasinCordova)**

Links starting with "https://lnks.gd/l/" in this established County Communication channel are safe.

[Sign up to receive the latest news from Sacramento County.](#)

Our free news notifications are not a substitute for official means of notification where such exist. You can view or update your subscriptions at any time on your [User Profile Page](#) by just using your email address. For questions or assistance, contact [subscriberhelp.govdelivery.com](http://subscriberhelp.govdelivery.com). [Unsubscribe](#).

---

GovDelivery, Inc. sending to Email Address on behalf of Sacramento County, CA · 700 H Street, Suite 7650 · Sacramento CA 95814 · 1-800-439-1420