



pat hume

COUNTY SUPERVISOR

"If you really want to escape the things that harass you, what you're needing is not to be in a different place, but to be a different person." - Seneca

If you've spent any amount of time on the internet, social media or around young people you've probably heard the phrase "touch grass." If you haven't, it's meant as an admonition to calm down, get outside and reconnect with nature.

It works.

We were fortunate to take a long weekend and escape to the High Sierras to listen to the wind blow through the trees, stare at the campfire and enjoy the outdoors. It was a much needed mental reset and opportunity to reflect on what is really important in life. Namely, the air in your lungs, the appreciation of the world around you, and the peace to sit and stare at nature – ripples on water, wildlife going about their routine or staring off into the wonder of space.

However, in his book about motorcycle maintenance, Robert Pirsig says the only zen you'll find on mountaintops is the zen you bring with you. So, as I drove back down into the valley from the mountains, renewed and reinvigorated, I thought about how to translate that sense of peace that is so readily apparent in a tranquil environment and bring it back home to the rigors of daily life.

The answer, obviously, is in the mind. How we think about things, whether we react or even just consciously choosing one thought over another. Stress comes from our response, not from the circumstance and our response is a choice we can make.

Winnie the Pooh extolled the virtues of not bothering. Bobby McFerrin said don't worry, be happy. Anxiety can come from wanting to control the future, so if you can't change the circumstance, distract yourself by trying to recall what you were worrying about this time last year...

As always, please share this newsletter with a friend or neighbor and encourage them to [subscribe](#) for future newsletters or check out my Facebook page [here](#).

PAT

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In the September Issue:

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E-Bikes in Sacramento County

As summer comes to an end and kids are heading back to school, you might be noticing an uptick in the number of bikes on the road, especially e-bikes. Electric bicycles are becoming an increasingly common sight on Sacramento County roads and trails, but increased county enforcement and new ordinance changes are drawing a sharper line between legal e-bikes and higher-powered vehicles that can resemble motorcycles. Whether you're commuting to work, riding to school or just biking for exercise or enjoyment, now is a great time to review the rules associated with the bike you're riding.

So, what's the difference between an e-bike and a motorized bike? The terminology can be confusing because an electric bicycle, a motorized bicycle and a conventional bicycle are not treated the same way under California law and the vehicle's specifications and how it is equipped and operated can determine which laws apply.

A manual, or traditional bicycle, is powered exclusively by the rider. It has no motor and is propelled by the rider. An electric bicycle, or e-bike, is a bicycle equipped with fully

operable pedals and an electric motor of no more than 750 watts. Legal e-bikes are classified into three classes:



- Class 1: The motor assists only while the rider is pedaling and stops assisting at 20 mph.
- Class 2: The motor can propel the bicycle without pedaling, but its assistance stops at 20 mph.

- Class 3: The motor assists only while the rider is pedaling and stops assisting at 28 mph. Riders must be at least 16 years old to operate a Class 3 e-bike.

E-motorcycles, sometimes called e-Motos, are different from e-bikes altogether. A qualifying e-Moto is an electric motorcycle, with two wheels, handlebars, a straddle seat and no pedals. That distinction is significant because a vehicle may look like an e-bike while legally functioning as something else. A simple rule of thumb: If it doesn't have fully operable pedals, it's not an e-bike.

As the popularity of these e-bikes has grown, so too have concerns about speed, reckless riding and their use in areas not intended for bike traffic. The issue has become particularly visible along the American River Parkway, where pedestrians, runners, traditional cyclists and horseback riders share miles of trails and where county officials have seen a noticeable increase in unsafe and unauthorized e-bike activity.

In response to these concerns, last May my colleagues and I unanimously approved ordinance changes aimed at protecting parks, recreation facilities and environmentally sensitive areas from electric and motorized vehicles. The changes, most of which took effect earlier this summer, specifically strengthen the county's ability to address Class 3 e-bikes and e-motorcycles, which are prohibited on the American River Parkway Trail. Violations can now be treated as infractions or misdemeanors, depending on the violation and circumstances.



This new ordinance package is broader than simply restricting electric bicycles on trails and walkways. It gives Sacramento County Regional Parks greater authority to address unauthorized construction of jumps, tracks and other bicycle courses, particularly in sensitive areas of the American River Parkway that were not designed for high-speed, e-bike traffic.

The goal here would not be to eliminate this growing form of transportation or, by extension, discourage their use from local recreation areas, but rather to clarify the

appropriate recreational use of e-bikes and establish riding practices that create a safe environment for everyone.

Here are some rules for cyclists riding on the Parkway but they can also apply if you're biking on any county trail, bike lane or roadway:

- Follow the 15-mph speed limit on the Parkway. This applies to **all** riders regardless of how fast your bike is capable of traveling.
- Pass on the left.
- Ride single file.
- Stay alert.
- Pull completely off the trail when stopping.
- Stay on permitted trails.
- Wear a helmet. California law requires riders under 18 to wear a properly fitted helmet when riding on public roads, bikeways and public bicycle paths and trails.
- Use lights when riding after dark.

For more information about multi-use trail rules and regulations, visit Sacramento County Regional Parks' [Multi-use Trail Rules and Regulations](#). For tips on riding bicycles safely on roads, bike lanes and sidewalks, visit Sacramento County's [Active Transportation webpage](#).

I encourage all riders to get out there, explore, and enjoy the freedom that all bikes offer, but also to know and follow the rules of the roads and trails you're riding. Ride Smart. Ride Safe. Ride Free. Know your ride, know your classification, know the rules, and make smart choices that help you enjoy the freedom of riding.

Updating the County's Zoning Code

There's a lot that goes into making Sacramento County work well, and sometimes that means updating the rules that help shape our communities. One of the largest, recent updates came from the County's Planning and Environmental Review Department with the update of the Sacramento County Zoning Code.

The Zoning Code regulates land use and development throughout the unincorporated County, determining what can and cannot be built or operated in different areas. Because these rules affect residents, property owners and businesses, updating the Code is no small task. The process included extensive research, review and public input to identify outdated regulations, common questions and areas where the rules could be clearer.

The result is the most extensive update to the Zoning Code since the current Code was adopted in 2015, with 134 amendments designed to make the rules more practical and easier to navigate.

One area receiving a significant update is home-based businesses. Many of the County's home occupation rules were written in 1984, long before remote work, online businesses and today's many ways of working from home. And these rules affect more people than you might think. In the Rosemont community alone, there are more than 200 registered home-based businesses. The updated Code removes outdated restrictions, including a blanket limit of 32 hours per week for certain part-time home occupations, while continuing to require standards for noise, traffic, visitors, parking and the amount of space used for a business.

The update also creates more flexibility for small educational uses. New training centers with 25 or fewer students will have a simpler path to operate, meaning a small tutoring center serving 15 students, for example, won't necessarily have to meet the same requirements as a traditional full-scale school. This would also come into play for smaller programs like CPR schools, cooking classes and computer classes.

For our agricultural communities, commercial vehicles associated with ag use, like tractors, will now be permitted on farms that are 20 acres or larger, providing more flexibility for their operations. The Code also increases height allowances for

certain accessory structures, helping accommodate needs such as RV and boat storage on larger properties.

Even some four-legged residents are affected by the Code updates. Today, properties can generally have up to four dogs and four cats by right. Under the updated Code, certain properties of at least one acre will be able to accommodate more personal pets. Depending on the zoning district, that could mean up to 10 dogs and cats by right, while some other residential areas may be able to do so with a Minor Use Permit.

The update also streamlines the process for locating fire stations near residential areas, helping public safety agencies move more efficiently from the planning to construction stage.

While zoning regulations can be complicated, the goal of this update was to make the County's rules clearer, more practical and better suited to the communities they serve. The updated Zoning Code will take effect on September 10, 2026. To read more on this process or to view all changes to the Zoning Code, visit [Sacramento County Zoning Code Update](#). You can also reach out to sacplan@saccounty.gov with any questions and our Planning and Environmental Review staff will be happy to assist.

Boards & Commissions Opportunities

APPLY FOR SACRAMENTO COUNTY DISTRICT 5 BOARDS & COMMISSIONS

TO SUBMIT AN APPLICATION:



Website:

<https://saccounty.wufoo.com/forms/Sacramento-County-Boards-and-Commissions>

FOR MORE INFORMATION, PLEASE CONTACT:

BoardClerk@saccounty.gov

SACRAMENTO
COUNTY
pat hume
COUNTY SUPERVISOR

SEEKING APPLICANTS FOR THE FOLLOWING DISTRICT 5 SEATS:

- Cemetery Advisory Commission
- Cordova CPAC
- County Service Area #4B
- Delta CMAC
- Health and Human Services Coordinating Council
- Behavioral Health Youth Advisory Board
- Treasury Oversight Committee
- Youth Commission
- Southeast Area CPAC
- Vineyard Area CPAC

Out & About in District 5



Celebrating National Night Out in District 5: Top left: Visiting with the folks in Galt. Top right: Jean Yokotobi, Lanette Louie, District 5 Special Assistant Stephanie Kauss and Douglas Hsia at the River Delta Fire Protection District. Bottom left: Julie and Tom Steinbach, Rancho Cordova PD Lt. Ralph Garcia, District 5 Chief of Staff Rebecca Sloan, Neil Orchard and neighbors. Bottom right: District 5 Special

Assistant Ashleigh Kaufman at Bill Simmon's house with the CHP East Command POP Team and the Sacramento County Sheriff's Special Operations Team.



Spending the day visiting the Delta region of District 5. Top Left: Visiting the Jan Ying Museum in Locke with our tour guide, Clarence Chu. Top right: At Locke Memorial Park. Middle photos: Enjoying lunch at Al's Place with Clarence Chu and the District 5 staff. Bottom left: me with Walnut Grove Library Branch Supervisor Mitzi

MacClelland, Friends of the Walnut Grove Library volunteers Michael Coffaro, Holly Pauls and Janice Cooper and District 5 Special Assistant Stephanie Kauss.



Grand re-opening of Beeman Park in Elk Grove. Pictured from left: Christine Manitta, Traci Farris, Hollis Erb, Tim Ogden, me, Dulce Medina, Peter Sakaris, Angela Spease, Bret Bartholomew, Daniella Zehnder, Alicia Rios, Liz Irons and Cosumnes Fire Chief Felipe Rodriguez.



Congratulating the Rancho Cordova Community Food Hub at their ribbon-cutting ceremony. Pictured top right: Rancho Cordova Mayor Garrett Gatewood, Planning Commissioner Elliott Stevenson, Community Food Hub Executive Director Carrie Johnson, Council Member David Sander and me.



Thank you to the Indus Valley American Chamber of Commerce for always making me feel welcome at their annual IVACC picnic honoring the late Lahori Ram.



Ribbon cutting for xHope's newly renovated Pathways of Hope Empowerment Center in Elk Grove. Bottom left: me with Rick and Wendi Cross (Founder & CEO). Bottom right: Price Walker, Elk Grove Mayor Bobbi Singh-Allen and me



Congratulating Mona Lee as the incoming President of the Sacramento Valley Korean American Community at the Sacramento Korean School in Rosemont. Pictured with me left: my wife Lisa and Mona Lee. Pictured right: me, Elk Grove Council Member Darren Suen, Mona Lee and Rancho Cordova Mayor Garrett Gatewood.



Speaking at the Rancho Cordova August Luncheon hosted by the Cordova Community Council and the Rancho Cordova Area Chamber of Commerce. Top right photo from left: District 5 Special Assistant Ashleigh Kaufman, Cassandra Marcum, District 5 Chief of Staff Rebecca Sloan, Rancho Cordova Council Member David Sander, Rancho Cordova Vice Mayor Linda Budge, me, Kaiser Permanente Chief Nurse Executive Esperanza Chavez, Ashley Budd, Pam Garcia, Madelaine Sanderson and Elk Grove Unified School Board Trustee Heidi Moore.



Breaking ground for the new modernization project at Cordova High School. Top left: me with Principal Amy Strawn.



At the Herald Day Kickoff Dinner with friends from the Galt Lions Club.

Upcoming Events



Founders Day Celebration

September 6, 2025

Elk Grove Heritage Park Museum

9941 East Stockton Blvd.

11 AM – 4 PM

- 11:15 AM Welcome to Founders Day
- 11:30 AM History Highlights - "Transportation"
by Roberta Tanner
- 12:00 PM Presentation of the "Historian of the Year
Elizabeth Pinkerton Award" by Sarah Pinkerton
- 12:20 PM Dedication of Brands on Barn
- 12:45 PM Guided Tours, Cake & Lemonade for All

Historical activities by Laura Laney

For children and adults—come and play!

Jacks



Marbles



Egg and spoon race



3-legged race



Metal punch art



Butter making



Weaving goat yarn



Old fashion laundry demonstrations



Plus other games, toys and activities



Elk Grove House—Ballroom Display: Timeline of Elk Grove History



San Joaquin Township Justice Court



Foulks House



Covered Wagon



Blacksmith Shop

4:00 pm: Festivities and Guided Tours End

Website: <https://elkgrovehistoricalsociety.com/>



A FREE CITY OF GALT EVENT
PRESENTING SPONSOR: CHANDLER GROSS GROUP

Friday Night MOVIES



TOY STORY 5 SEPT 11

VETERANS FIELD
900 CAROLINE AVE

- GATES OPEN AT 7 P.M. 
- MOVIE BEGINS AT DUSK
- CONCESSIONS AVAILABLE

 FIND MORE FREE EVENTS AT
[WWW.CITYOFGALT.ORG/
OUR-CITY/SPECIAL-EVENTS](http://WWW.CITYOFGALT.ORG/OUR-CITY/SPECIAL-EVENTS)

SPONSORED BY 



KAISER
PERMANENTE

DIVERSITY MONTH



*Saturday, September 12
3-8pm at District56*



Presented by:
Wilbur Rancheria



elkgrove.gov/DiversityMonth

CONCERTS ON C STREET

Calling All Local Vendors

Saturday, Sept 12 • 6pm - 8:30pm

C Street, Downtown Galt



This is your chance to showcase your business and product that you have to offer! Join us for a night full of live music, artisan and food vendors, and family friendly activities!

Contact Adeline Barth on how to participate or for more information
(209)366-7165 or abarth@cityofgalt.org



RANCHO CORDOVA

SPORTS HALL OF FAME



INDUCTION CEREMONY

SATURDAY, SEPTEMBER 12, 2026
6PM · COCKTAIL RECEPTION

HONORING:

1978-79 CORDOVA LANCERS BASKETBALL TEAM
KEN BOWLES · MIKE BRANNON · ELMER CARTER
ELIZABETH COCKER ESCOBAR · BILL MEEHAN
LAMON MULDROW · SCOTT MEFFORD



SCAN HERE FOR MORE INFORMATION
AND TO GET YOUR TICKETS TODAY!





SEPT. 18-20

SAC OPEN STUDIOS

THE MACC
Hill Station Arts & Culture Center

SAC OPEN STUDIOS 2026

The MACC is open to our Rancho Cordova Arts members to participate in the weekend 2 tour. Friday night concert kicks off the weekend, and then Sat. & Sun. from 10-5 pm both days.

RANCHO CORDOVA ARTS



	Our first stop includes candidates for	🕒 11:30am-1:00pm
	• Assembly	📅 September 18, 2026
	• Cordova Recreation and Park Board	📍 Rancho Cordova City Hall 2729 Prospect Park Drive Rancho Cordova CA 95670
	• Folsom Cordova Unified School District - Area 5	
	• Rancho Cordova City Council - District 2	

Stationed at the American River Room in Rancho Cordova City Hall, Rancho Cordova's Campaign Whistlestop honors the tradition of political candidates rolling across America by train and stopping at many small towns to make short pitches for votes.

RESERVATIONS REQUIRED

- \$25 for members of the Cordova Community Council and/or the Rancho Cordova Area Chamber of Commerce
- \$35 for non-members and walk-ins (may not be accommodated if space is limited)

Want to become a member? Visit our website: cordovacouncil.org

Reservation
deadline is
Wednesday
before the
luncheon



www.cordovacouncil.org or www.rancho-cordova-hand.com



CORDOVA
COMMUNITY
COUNCIL



RANCHO CORDOVA
AREA CHAMBER



Meet the

MACHINES

**SATURDAY, SEPTEMBER 19
HAGAN COMMUNITY PARK
10 a.m. - Noon**

**CHILDREN OF ALL AGES HAVE THE OPPORTUNITY TO
TOUCH, CLIMB ON AND EXPLORE OVER 20 DIFFERENT
TYPES OF EXCITING MACHINES AND UNIQUE
VEHICLES AT THIS FREE EVENT!**

Visit cordovarpd.gov or
call 916-842-3300 for more information!



MULTI-CHAMBER MIXER

Hosted by:

SKY RIVER
CASINO

1 SKY RIVER PKWY,
ELK GROVE, CA 95757
INSIDE 32 BREWS



Join us for a FREE Multi-Chamber Mixer and connect with business professionals from multiple local Chambers of Commerce.

Build valuable relationships, exchange ideas, and expand your network in a relaxed, welcoming environment.



SEPT. 22
5:30 - 7PM

ENTER TO WIN A DOOR PRIZE FROM
ONE OF THE PARTICIPATING CHAMBERS



VISIT WWW.ELKGROVECA.COM FOR MORE INFO

CELEBRATING 100 YEARS

Jean Harvie

COMMUNITY CENTER

100TH ANNIVERSARY

Celebration



THURSDAY
SEPTEMBER 24, 2026

1:00 – 4:00 PM

JEAN HARVIE COMMUNITY CENTER
14273 RIVER ROAD
WALNUT GROVE, CA 95690

- SHARE STORIES ABOUT THE HISTORIC SCHOOL HOUSE
- ICON IN THE COMMUNITY
- LIGHT REFRESHMENTS



Join us as we celebrate a century of community, connection, and history at this beloved Delta landmark.

- Share stories about the historic schoolhouse
- Celebrate this iconic community gathering place
- Enjoy light refreshments
- Reconnect with friends, neighbors, and generations of community members

A Century of Community
1926 – 2026

BARK TOBERFEST

SATURDAY, SEPTEMBER 26
11 a.m. - 2 p.m.

Lincoln Village Community Park/Pool

This family friendly event is open for all ages!
Join us for a fun-filled day of doggie swimming,
food, a beer garden, music and more!

cordovarpd.gov



916-369-9844



*Around the World
with the Library*
9/26
District 56
1-5pm

 Sacramento Public Library

 RAISER PERMANENTE. DIVERSITY MONTH



BOOTS & BADGES
COUNTRY CONCERT
SUPPORTING SACRAMENTO COUNTY LAW ENFORCEMENT FAMILIES
2026



LAW

TICKETS ON SALE NOW!
DON'T MISS OUT—GET YOURS TODAY!

AMAZING LIVE MUSIC

SUPPORT LOCAL LAW ENFORCEMENT FAMILIES

FOOD, DRINKS, DANCING & FAMILY FUN

**SATURDAY
SEPTEMBER
26, 2026**
GATES OPEN AT 4:00 PM
★ WILTON, CA ★

SCAN TO BUY YOUR TICKETS!



SUPPORT OUR MISSION
Proceeds benefit Sacramento County law enforcement officers and their families.

BE PART OF SOMETHING BIGGER!

★ AN INCREDIBLE LINEUP! ★



MAE MCCOY
5:00 PM – 6:00 PM



LINE DANCING
6:15 PM – 7:15 PM



JAMESON ROADS
7:30 PM – 8:30 PM

Popular Demand
ENTERTAINMENT
8:45 PM – 10:00 PM

★ BUY TICKETS TODAY. MAKE A DIFFERENCE TOMORROW. ★



October 3, 2026 10am - 2pm
Rosemont Community Park

You are cordially invited to attend the
CALIFORNIA FIREFIGHTERS
MEMORIAL

SATURDAY, OCTOBER 3, 2026 • SACRAMENTO, CA



A lasting tribute to the men and women who gave their lives to protect their fellow Californians.



EST. 2024

SHERIFF'S RODEO

SACRAMENTO COUNTY

SAT. OCT. 3RD, 2026
DAN RUSSELL RODEO ARENA
200 STAFFORD ST
FOLSOM, CA
one night only!

GATES OPEN AT 4 PM
RODEO STARTS AT 6PM

GET READY FOR A WILD RIDE!

Sheriff's SWAT Stampede, Cowhide Race, ProAm Team Roping, Mutton Busting, Barrel Racing, Breakaway Roping, Bronc Riding, Bull Riding, & Entertainment

SACSHERIFFSRODEO.COM

  @sacsherifffoundation TAX ID: 36-5009571

The Sacramento County Sheriff's Foundation supports the Sheriff's Office by providing equipment, training, and aid to employees and their families. It focuses on combating drug use and gang activity among young students while bringing together donors, leaders, and nonprofits to back philanthropic projects within the community. These initiatives improve law enforcement techniques and services, aiming to enhance safety and reduce crime in Sacramento County.

Links starting with "https://lnks.gd/l/" in this established County Communication channel are safe.

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